



<https://www.ellingtonbooks.com/leadership>

ABOUT BUILDING CARING FAMILIES

Our mission is to help students become leaders in talking with their peers and community about the importance of mental and behavioral health.

- 01** IN 2021, SUICIDE BECAME THE SECOND LEADING CAUSE OF DEATH FOR PEOPLE AGES 10 TO 14.
- 02** MORE THAN 20 PERCENT OF TEENS HAVE SERIOUSLY CONSIDERED SUICIDE.
- 03** TEENS LIVING IN RURAL COMMUNITIES ARE TWICE AS LIKELY TO CONSIDER SUICIDE.
- 04** AFRICAN AMERICANS AGES 10 TO 24 ARE THE FASTEST RISING GROUP, INCREASING 36% SINCE 2022. 4 TIMES HIGHER THAN THE NATIONAL INCREASE AT ITS PEAK.

Hello

MY PURPOSE IS TO SHOW HOW GOD IS LOVE.

The fruits of the spirit are the key to successful leadership. Art works with communities to help students become leaders by discovering the power of using the fruits of the spirit to share God's love.

He is a University of Indianapolis graduate student completing a doctorate in the health sciences focused on mental health. He is a 2021 Hamilton Award Winner for Outstanding Contributions to the Cause of Behavioral Health and Service to those with Disabilities. He was also selected as the keynote speaker for the 2023 Hamilton Awards recognizing behavioral health leaders throughout Central and West Indiana. Art has held various leadership roles in entrepreneurship, music, education, and behavioral health spanning 25 years.



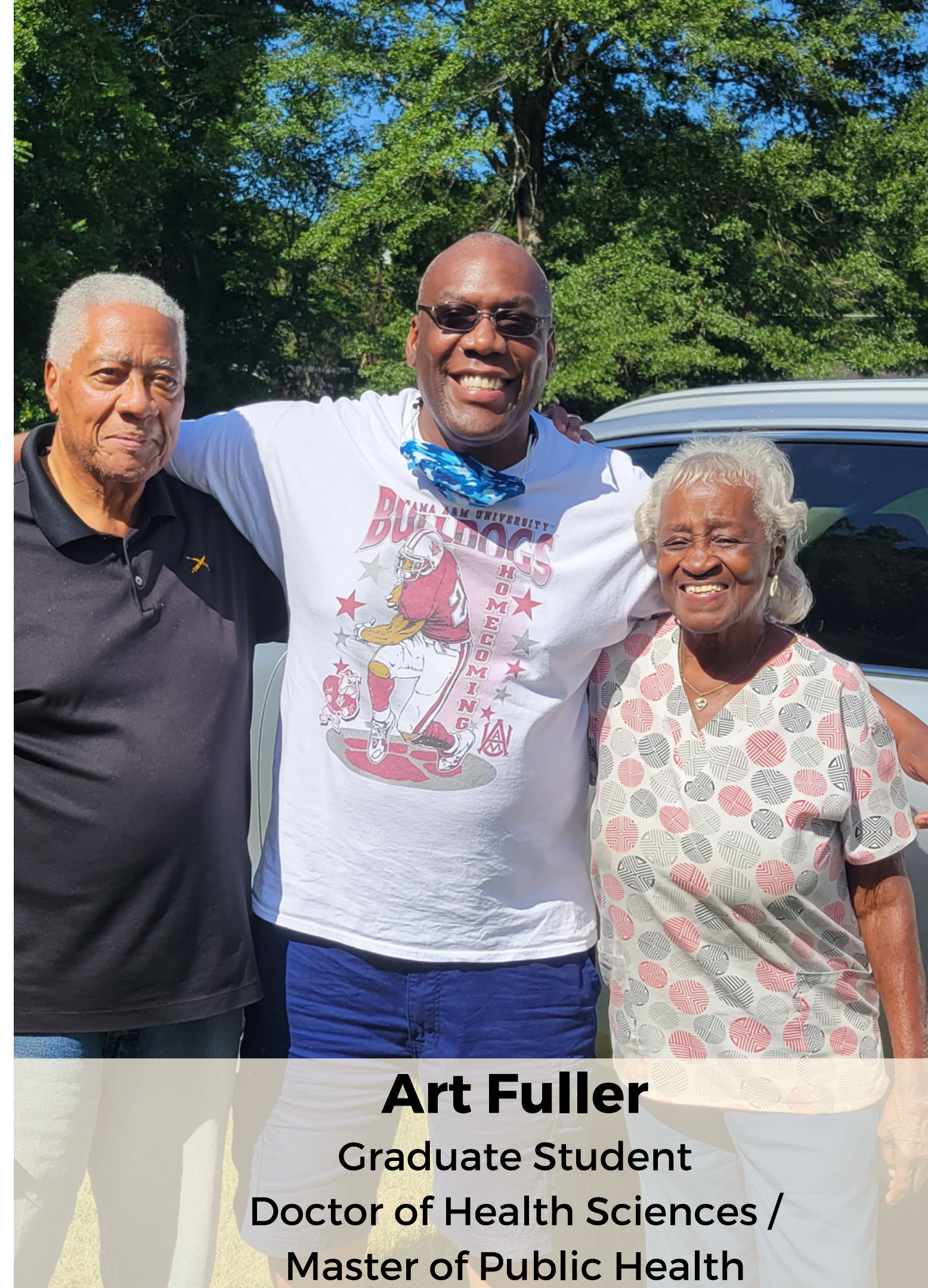
Art Fuller
Graduate Student
Doctor of Health Sciences /
Master of Public Health

More about Art

Art's approach uses the Bible as a foundation for activating the fruits of the spirit to influence positive change within all types of communities (love, joy, peace, patience, faithfulness, forgiveness, kindness, goodness, self-control). He also shares scientific research on how non-pharmaceutical-based interventions focused on daily diet, having a safe space to talk with friends, exercise, engaging with the outdoors, and active living have exceptionally positive mental and behavioral health benefits.

Art comes from a family committed to service and has traced his family's lineage back to the 1820s. His family includes multiple Christian pastors, educators, athletic coaches, school principals, and military veterans residing in Montgomery and Haynville, Alabama. He is still connected to the family church his family helped sustain, originally founded in 1819. Both of his parents are alumni of Alabama A & M University majoring in Chemistry and Mathematics.

Art has 25 years of experience in education serving culturally diverse students, students with disabilities, and families who are English language learners. He spent 7 years as a legislative liaison in support of pre-K through higher education and has 10 years of experience as a non-profit executive and school leader. Art earned a BA in Neuroscience and Behavior from Wesleyan University (CT) and a Masters of Education in Middle School Mathematics from Lesley University (MA). He is completing a dual degree Master of Public Health / Doctor of Health Sciences at the University of Indianapolis (IN) focused on health equity



Art Fuller
Graduate Student
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How does this work?



Let's have an introductory zoom

Think about additional questions and opportunities

We welcome the opportunity to meet your leadership team

We'll create a customized plan based on the unique needs of your community. We are flexible.

How does this work?



Identify Potential
Student Leaders

See if they are
interested

Select an event
already established
at your organization

**We work with students
to develop an innovative
outreach that reaches and
resonates with their peers.**

IDENTIFY AN ESTABLISHED EVENT

We collaborate with your leadership team to identify 1 or 2 established events that already take place in your community.

Once student leaders are identified, we collaborate with this group for 4 to 8 weeks prior to the event.

During this time we develop leadership skills focused on making stronger connections using the fruits of the spirit.

All participants improve their critical thinking, communication, and leadership planning skills.



Call to ACTION

Student leaders implement a special community outreach that raises awareness about mental health and invites peers to learn more about how they can make a difference talking to others about the importance of mental health.



Mini Student Led Project



Mobilize Friends



Lift Up Christ Like Principles

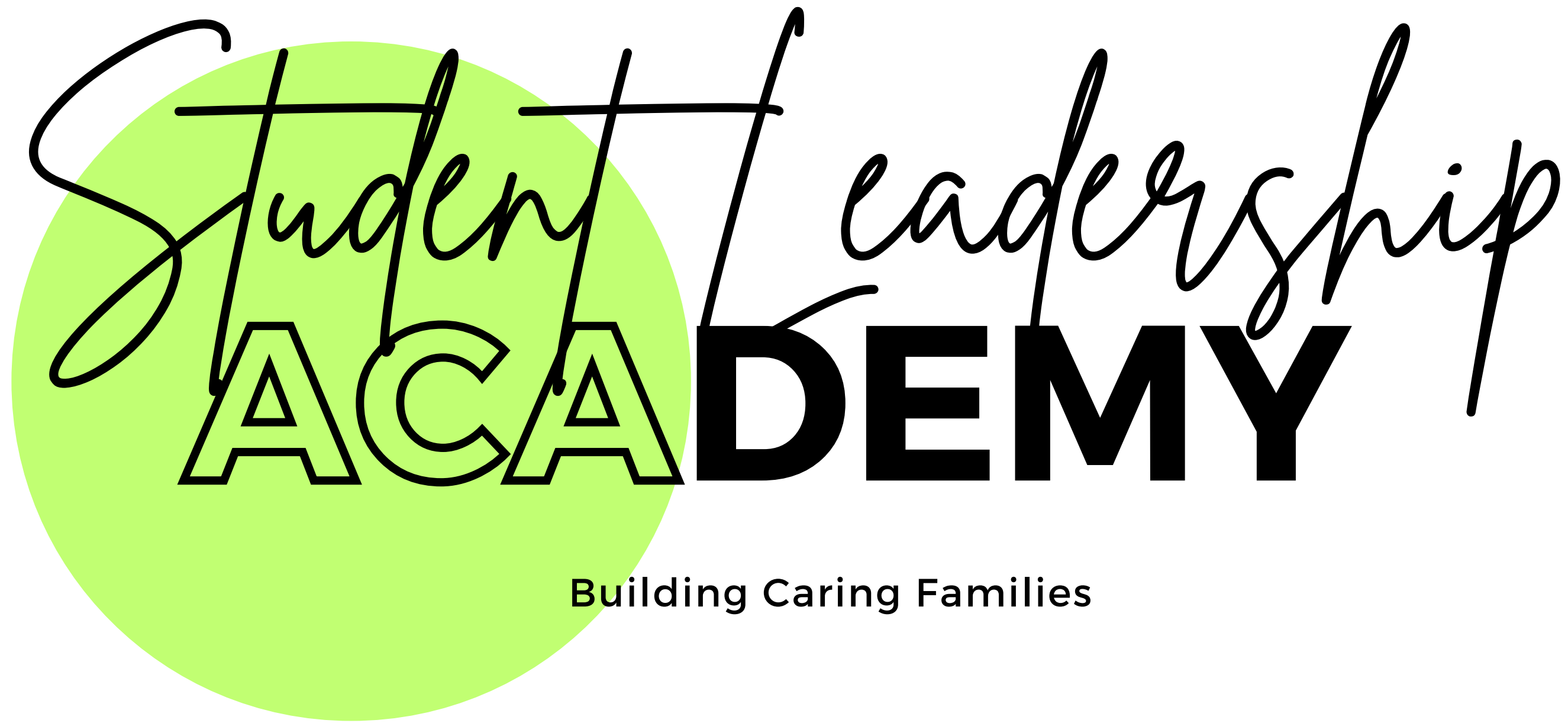


Share Lessons Learned and Repeat Again

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